



OLD MAN *of the* MOUNTAIN



THE FLUME

Woodland Paths *and*
Mountain Trails *in*
The Franconia Notch



NEW PROFILE HOUSE
White Mountains
New Hampshire

Woodland Paths and Mountain Trails in the Franconia Notch

Old Man of the Mountain

50 Rods

This, the supreme jewel of nature's treasure-house, "The Great Stone Face," the world-renowned "Profile," and undoubtedly the most remarkable rock formation in this country, if not in the world, is reached by a beautifully kept path which starts in just beyond the tennis-courts, running south parallel to the highway.

Older than the Egyptian Sphinx, discovered in 1805, by Luke Brooks and Francis Whitcomb, it is composed of three granite ledges, one forming the forehead, another the nose and upper lip, and the third, the chin. The profile is 90 feet from the chin to the top of the brow, 1200 feet above Profile Lake and 3200 feet above sea level.

To Profile Lake and Old Man (By Fern Rock)

75 Rods

Take the Mt. Lafayette trail opposite the tennis-courts and turn to the right at Fern Rock.

Around Profile Lake

1½ Miles

The path around Profile Lake is a continuation of the path to the Old Man and, next to the Wildwood Path, is considered the most beautiful one at Profile. Profile Lake, or "The Old Man's Mirror," nestling among the virgin forest directly below the "Great Stone Face," is a favorite resort for the guests of the hotel. On the numerous rustic benches one may sit for hours and view the marvelous rock formation on the sides of the overhanging cliffs, or watch the wonderful reflections in the mirror-like surface of the lake.

Silver Spring and Shelter

1¼ Miles

The Wildwood Path to Silver Spring starts at the

lower end of Profile Lake, and is without a rival the most beautiful walk in the whole Franconia Notch. It continues beyond the Spring and Duck Pond to the so-called Clearing. The water from the Spring is very pure, its source being somewhere in the depths of Cannon Mountain.

The Clearing

2½ Miles

At the Clearing the path splits; one fork turns into the highway, and continues to the Flume House, and the other becomes a mountain trail to

Lonesome Lake

3½ Miles

The path to Lonesome Lake starts from the Clearing and winds back and forth up the steep slope to the



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beautiful lake in the clouds, 2800 feet above sea level. From the shores of the lake and from resting places on the way up, one looks across the deep ravine to the very top of Lafayette and the other mountains of the Franconia range.

The Basin

2½ Miles

The Basin, a circular bowl in the solid granite 40 feet in diameter and 20 feet deep, is passed as one goes down the highway from the Profile House to the Flume House. It is often called the "Old Man's Foot Tub," as it contains a freak rock formation in the form of the leg and foot of a man.

The Flume House

5 Miles

This restful and comfortable inn is located at the southern extremity of the Franconia Notch, and is conducted on the European and American plans. It is the stopping place of thousands of tourists who come every year from all parts of the world to visit the famous Flume.

The Flume

6 Miles

The Flume, one of those marvelous freaks of nature, which, in grandeur and picturesqueness, is only surpassed by "The Great Stone Face," is reached by a short walk or ride from the Flume House, down the Old Toll Road, across the covered bridge, one of the very few remaining in this "North Country."

The Pool

5½ Miles

The Pool, a place of most unique attraction, is a short half mile from the Flume House, and is indeed a beautiful walk. One is more than repaid for his journey to this mysterious natural well in the forest.

Eagle Cliff Lookoff 50 rods

The path to Eagle Cliff begins just across the railroad track at the station. The climb is short and rather steep, but the wonderful view of the hotel and cottages from the lookoff well repays the labor of the ascent.

Eagle Cliff Path ½ mile

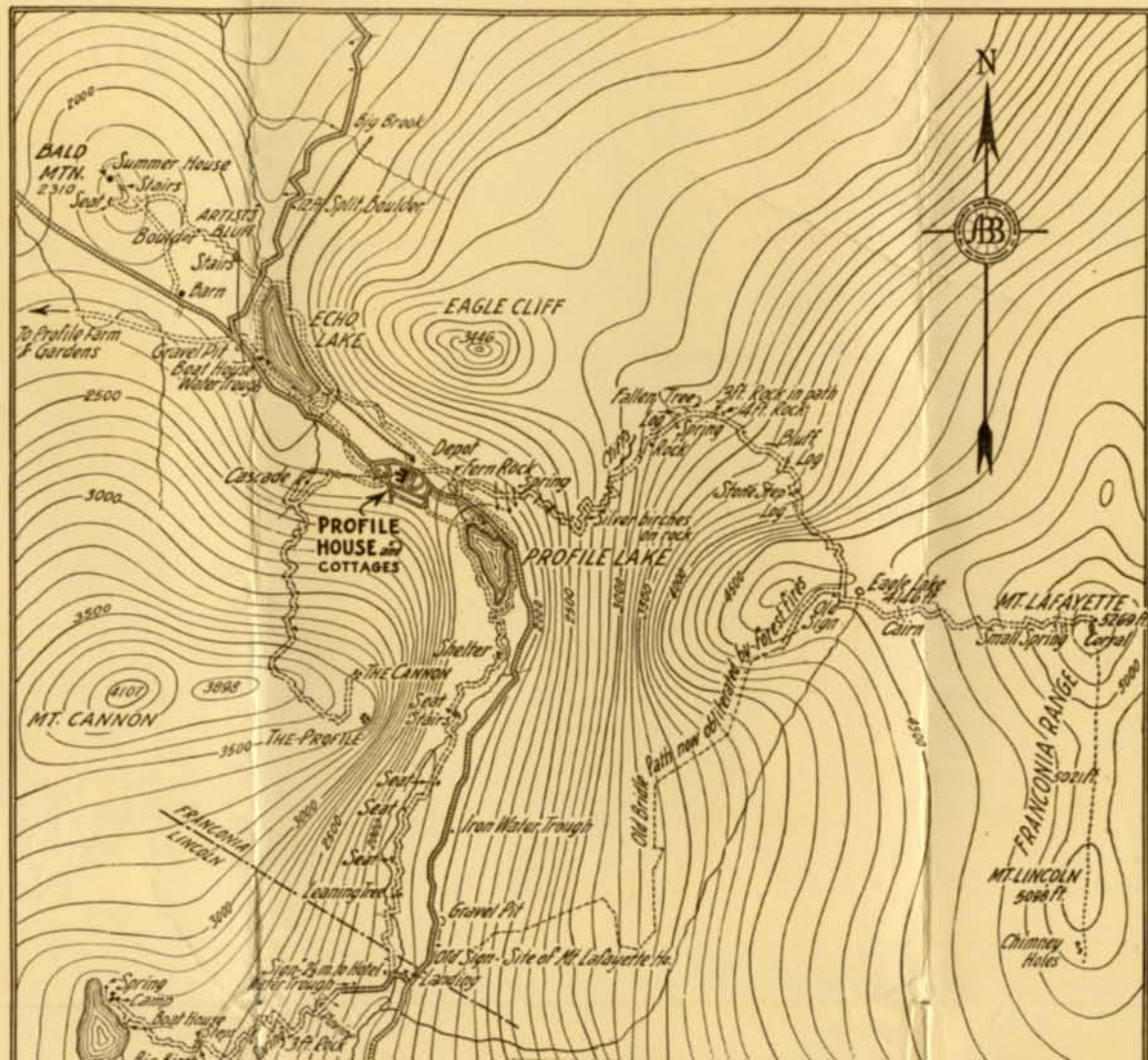
This beautiful path skirts the base of Eagle Cliff, and is the connecting link between Echo and Profile Lakes.

Echo Lake ½ mile

There are two paths leading to this sheet of water of great depth and transparency, encircled by rare scenery. One leaves the highway opposite the stables, and the other is by the Eagle Cliff path. The first is most direct. The lake is famous for the number of its recurring echoes, thus deriving its name. Near the shores of this lake is situated the famous Profile Spring.

Around Echo Lake 2 miles

Upon reaching Echo Lake keep to the left of the Ball Field, cross the little foot bridge, and continue on past the "Old Oaken Bucket" and the Souvenir House, (if you can resist the temptation not to stop in and nibble a piece of freshly made maple sugar or buy a sweet grass basket), around the north end of the lake across the wooden dam, and home by the path, parallel to the railroad track.



Profile Farm and Garden 3 miles

The Fleitmann Path to the farm and gardens branches from the trail around Echo Lake, about midway on the west side. The path is plainly marked and runs through a beautiful forest of towering fir trees, sometimes parallel to and sometimes across rude log bridges over the swiftly-flowing Cannon Mountain Brook, which rushes along in its freedom, only to be put to work later turning the churns and separators in the Dairy House of the farm, from which the hotel is supplied with many delicacies for its table. After a glass of fresh milk or a cup of tea at the Dairy House, one may return along the same route he came; or better still, he may call a carriage or auto from the Profile stable or garage, and ride up the Three Mile Hill.

Mt. Cannon and the Cascade 1¾ miles

The trail to Mt. Cannon and the Cascade starts from the rear of the hotel laundry. This trail was blazed with the idea of making the ascent gradual and easy, and one will find that, hardly before knowing it, he is at the top, nearly 1900 feet above the Profile House, but still unable to see it. By coming down from the crest a few hundred feet and crawling to the top of the huge boulder which forms "The Cannon," from which the mountain gets its name, he gets a most wonderful eagle's eye view of the entire group of buildings.

and home by parallel to the railroad track.

Artist Bluff 1 mile

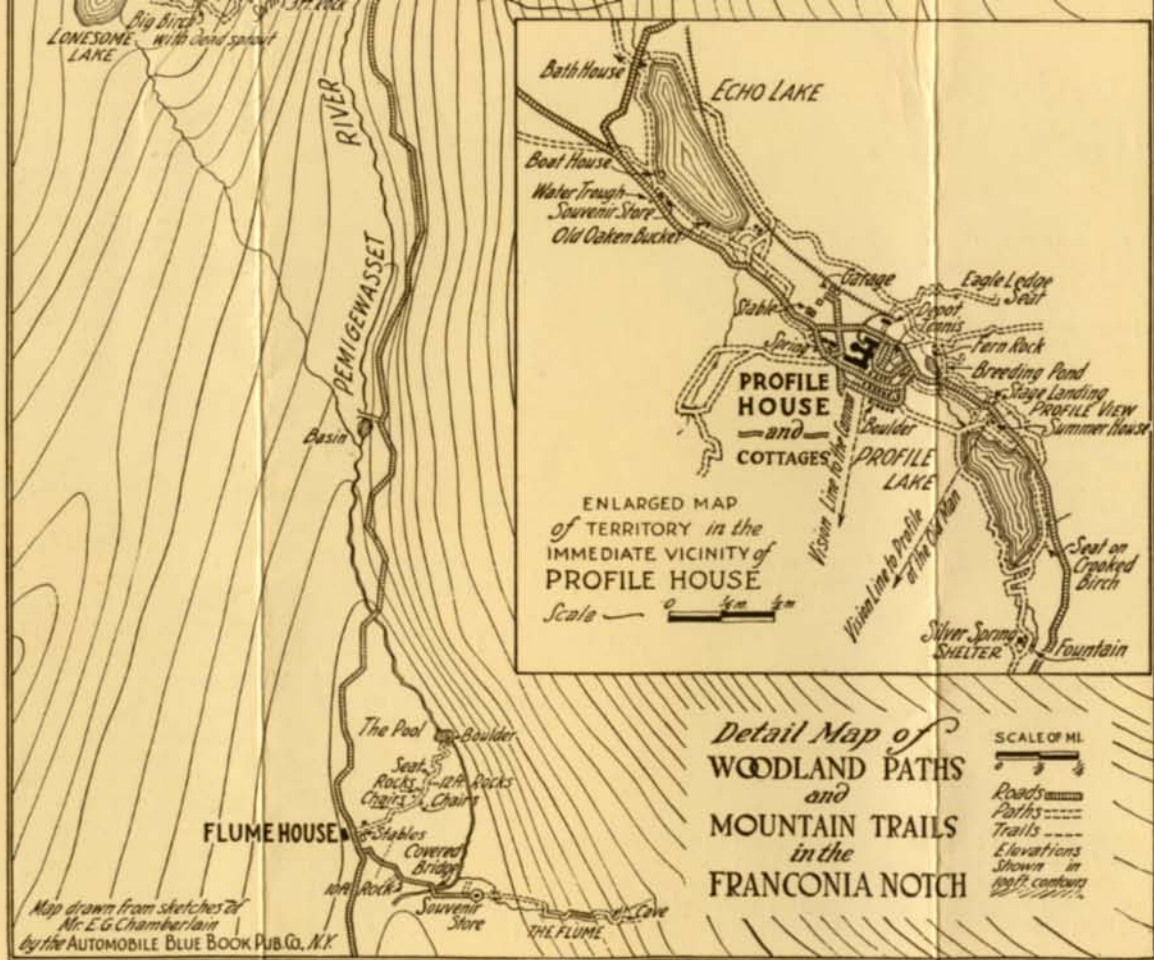
The trail to Artist Bluff branches from the Echo Lake path at the extreme north end of the lake. After crossing the main highway the climb is steep, but the view from the summer house on the crest of the bluff is most satisfying. From this point one gets a beautiful panorama of the Franconia Notch. From its great height boats and fishermen on Echo Lake, hundreds of feet below, are mere pigmies. One may return the same way he came, or continue on to

Bald Mountain 1½ miles

Is only a half mile away from the summer house on Artist Bluff, but is one and a half miles from the hotel. On the summit of this peak is another shelter, from which one gets a lovely panorama toward the north with an uninterrupted view of distant mountains and valleys. From this point we may take a trail down to the highway, joining it at the

Height of Land 1 mile

Is one mile from the hotel, and is a most interesting spot, as, from this point, the land slopes both ways, a few rods to the Profile House and many hundreds of feet to the pretty village of Franconia, five miles away.



the entire group of buildings. The ledges forming "The Old Man" are on this same mountain, but few are able to find them. Perhaps you will have better luck.

Summit of Mt. Lafayette 3½ miles

The path marked "Mt. Lafayette" just across the road from the tennis courts soon becomes a well-beaten trail, and for one half mile is a very steep climb. It takes one nearly to the crest of Eagle Cliff, and then descends into the ravine in back of the cliff. From this point the path winds among the rocks and wild mountain grasses, until one reaches the very top, three and a half miles from the hotel. Here a wonderful panorama is obtained, which is not excelled anywhere in New Hampshire. The White Mountain Range lies to the east, Dixville Notch and the rugged hills of far-away Canada to the northward, the Green Mountains of Vermont and the towering peaks of the Adirondacks to the west, while to the south stretches the Franconia Range, and in the distance Mts. Mooselauke, Monadnock, Ascutney and others of the lower ranges.

A day may be well spent on Mt. Lafayette by those who enjoy mountain climbing, and the experience will be one not soon forgotten.